

VEGGIE SALADS

KUNG FU PANDA - 5 Spice Tofu Salad **GH55.00**
lettuce, cucumbers, noodles, bean sprouts,crispy tofu, topped with crispy schezuan vegetables, sesame seeds and a sweet chili dressing

MIRCHI MASALA - Grilled Aubergine & Cauliflower Salad **GH55.00**
lettuce, cucumbers,cauliflower florets,grilled aubergines,chick pea onion tomato, chili relish, with a lemon & herb dressing

TURKISH DELIGHT - Grilled Vegetable Salad **GH55.00**
lettuce, cucumbers, grilled aubergines,courgettes,onions, peppers and tomatoes, dressed with yogurt & chili herb oil

SANTORINI - Halloumi & Herb Salad **GH55.00**
lettuce,cucumbers,tomatoes, chick peas, peppers,onions, olives and crispy halloumi cheese with pita croutons, topped with a fresh mint & olive oil dressing

MERENGUE - Mango & Avocado Salad **GH55.00**
lettuce, cucumbers, tomatoes, diced mangoes, diced avocados, slices of radish and onions, with a sweet chili and lime dressing

CARNIVALE - Roasted Pumpkin & Pine Nut Salad **GH55.00**
a bed of greens, and grilled tomatoes topped with warm, spiced pumpkin cubes, pine nuts and parmesan cheese, dressed with silky roasted garlic vinaigrette

AROMATHERAPY- Aromatic Couscous Salad **GH55.00**
lettuce and cucumbers, topped with aromatic couscous, aubergines, tomatoes, caramelized onions, and pine nuts, drizzled with olive oil, and sprinkled with fresh herbs

GREEN GODDESS - Greek Salad **GH55.00**
lettuce, cucumbers, tomatoes, onions, olives & feta cheese, garnished with oregano & fresh herbs...dressed with a Mediterranean vinaigrette

OLYMPUS - Aubergine & Feta Salad **GH55.00**
lettuce, cucumbers, delicious grilled vegetables (aubergines, courgettes, tomato wedges, onions and bell peppers), crumbly feta cheese and fresh herbs...with a red wine vinaigrette

TUSCAN SUN - Aubergine & Mozzarella Salad **GH55.00**
chunks of melting mozzarella wrapped in warm, grilled aubergine slices, on a bed of mixed greens, cucumbers, tomatoes and pine nuts, dressed with a silky garlic vinaigrette

MANDARINE - Tofu & Crispy Noodle Salad **GH55.00**
lettuce, sliced cucumbers, grilled aubergines, crunchy bean sprouts, topped with tofu , crispy noodles,fresh herbs doused in a sweet chili & black bean infusion

SAVANNAH- Sweet Potato & Feta Salad **GH55.00**
lettuce, cucumbers, warm sweet potatoes, crumbly feta cheese and spring onions, with a coriander and lemon dressing

AU NATURALE - Fresh Fruit Salad **GH55.00**
seasonalfruits in all their natural glory!

MEAT LOVERS SALADS

BABYLON - Lamb Kafta Salad **GH65.00**
lettuce, cucumbers, grilled tomatoes, succulent minced lamb kebabs, green beans, grilled onions and peppers drizzled with a lemon and herb dressing

BISTRO BEST - Steak and Potato Salad **GH65.00**
a well grilled steak, sliced and served on a bed of lettuce and cucumbers, topped with crispy potatoes, sautéed onions and grilled tomato wedges, a mustard dressing ties it all together.

KAWASAKI - Sesame Beef and Noodle Salad **GH65.00**
seared slices of beef, marinated in ginger, chili and honey, on a bed of greens, cucumbers, grilled aubergines, sesame noodles, garnished with crispy courgette tempura and dressed with a sesame and soy vinaigrette.

LILY & LOTUS - Thai Beef Salad **GH65.00**
lettuce, cucumbers, carrots, and crispy noodles with slivers of grilled beef, with a soy and ginger dressing.



HOT SPECIALS & ETHNIC CURRIES

*(served with choice of steamed rice, fried rice, vegetable rice, sautee potatoes, steamed veg)
Ask for sweet potato fries at 59h extra*

Creamy Lemon Sauce - a perfect sauce for seafood made with lemon, butter, herbs & cream
fish **GH65.00**
prawns **GH75.00**

Sweet Chili Sauce - tangy, spicy and sweet...satisfies all the taste buds
veg **GH55.00**
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Hot Madras Curry - if you like a hot curry, I bet you will love this one..
veg **GH55.00**
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Mild Curry - full of flavor and not too spicy..
veg **GH55.00**
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Tikka Masala - an internationally famous curry sauce..
veg **GH55.00**
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Tandoori Grilled - Punjab's most popular grilled meat
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Harissa Grilled - simple flavours....delectable taste
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Masala Fried - when you need to crunch and munch
chicken **GH55.00**
fish **GH60.00**

Biryani - a one pot meal...fills up your senses of taste and aroma
veg **GH55.00**
chicken **GH60.00**
fish **GH65.00**
prawns **GH75.00**

Chicken Fried Rice **GH45.00**

Vegetable Fried Rice **GH35.00**

Egg Fried Rice **GH35.00**

BEERS & STOUTS

STAR BEER
Mini **GH10.00**
Large **GH15.00**

CLUB BEER
Mini **GH10.00**
Large **GH15.00**

Guinness **GH10.00**

Heineken **GH12.00**

Savannah Dry **GH10.00**

Smirnoff Ice **GH10.00**

HOUSE WINE
Glass **GH18.00**
Bottle **GH75.00**

Coke/Fanta/Sprite /Malt/Alvaro/Soda/Tonic **GH8.00**
Diet Coke **GH10.00**
Water L/S **GH10.00**
Water S/S **GH5.00**
Sanpellegrino Sparkling Water **GH25.00**
Sanpellegrino Juice **GH10.00**



JUICY BOOSTS, BODY CLEANSERS & PICK ME UPS

Pure Tropical Blend **GH15.00**
(pineapple/mango/pawpaw/watermelon)

Creamy Delight **GH15.00**
(fresh fruit and yogurt)

Very Green Lean Machine **GH15.00**
(lettuce, mint, cumin, lemon)

Beauty & the Beets **GH15.00**
(beetroot, orange & carrots)

Citrus Burst **GH15.00**
(orange, pineapple, lemon)

Mango Tango **GH15.00**
(mango, pineapple, lemon)

Summer Melon Breeze **GH15.00**
(watermelon, cantaloupe, mint)

Cool as a Cucumber **GH15.00**
(cucumber & mint)

Apple Carrot Zinger **GH15.00**
(apple,carrot, ginger)

Mangolicious **GH15.00**
(mango, apple,orange,lemon)

Garden Gingerale **GH15.00**
(apple, cucumber, lemon, ginger)

Six pack of Veg **GH15.00**
(lettuce, carrot, cucumber, lemon, mint, tomato)

Heart Beets **GH15.00**
(beetroot, carrot, pineapple)

Choice of Lassi **GH15.00**
(mango/pineapple/pawpaw/sweet/salty/masala)

Vita Boost **GH15.00**
(carrot, pineapple, raisins, ginger, turmeric, lemon)

Vegan Peanut Colada **GH15.00**
(peanut butter, banana, honey, almond milk, dates)

Orange Sunrise **GH15.00**
(mango, banana, orange, apple)

Summer Blend **GH15.00**
(cucumber, apple, pineapple, ginger, lemon, mint)

Fresh Orange Juice **GH15.00**

Ice Coffee **GH15.00**

Blue Skies Juice **GH8.50**

Ice Tea **GH10.00**

Green Ice Tea **GH10.00**

Fruit Ice tea **GH10.00**

HOT BEVERAGES

Nescafe **GH8.00**
Filter Coffee **GH8.00**
Herbal Tea **GH8.00**
Specialty Teas **GH8.00**
Lipton Tea **GH8.00**
Chaii Tea **GH10.00**
Capuccino **GH15.00**
Americano **GH10.00**
Machiato **GH10.00**
Espresso **GH8.00**
Café Latte **GH15.00**



Unique and exquisite delights specially created to nourish your being, nurture your soul and excite your passions.
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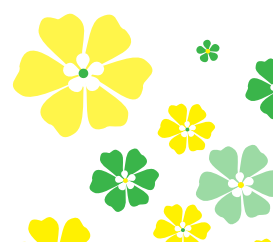
OPENING HOURS: MONDAY – SATURDAY 8AM–7PM

CLOSED ON PUBLIC HOLIDAYS

Eating is not merely a material pleasure. Eating well gives a spectacular joy to life and contributes immensely to goodwill and happy companionship. It is of great importance to the morale.

-Elsa Schiaparelli

Est. February 22nd 2002



APPETISERS:

Garlic Bread	GH20.00
Cheesy Garlic Bread	GH25.00
Hummus: Traditional/Avocado/Chili - served with pita bread	GH30.00
French Fries/ Cheesy Fries	GH15.00/20.00
Sweet Potato Fries/ Cheesy Sweet Potato Fries	GH20.00/25.00
Masala Fries/ Cheesy Masala Fries	GH15.00/20.00
Aubergine Crisps - with yogurt & mint dip	GH30.00
Courgettes and Halloumi Fritters - with yogurt & mint dip	GH40.00
Spring Rolls - Veg/ Chicken	GH5.00
Samosas - Veg/Meat/Chicken	GH5.00
Crispy Onion Rings	GH20.00
Sticky Chicken Wings	GH30.00
Mozzarella Sticks & Marinara Sauce	GH40.00
Kibbeh - with flat bread, yogurt dip & pickles	GH40.00
Felafels - with flat bread, dip & pickles	GH40.00

FOR THE EARLY BIRD

Full English <i>Eggs, sausages, hash browns, bacon, mushrooms, baked beans, toast</i>	GH65.00
Veggie Sunrise <i>Eggs, veggie sausages, mushrooms, hash browns, baked beans, toast</i>	GH60.00
Morning Paradise <i>Sunny side eggs with smoked salmon on toast</i>	GH65.00
Dreamy Trio <i>Pancake with syrup, chocolate pancake with chocolate sauce, lemon pancake with honey</i>	GH50.00
Cheesy French Omelet <i>The ultimate breakfast of a cheesy omelet served with toasted baguette and butter</i>	GH55.00

PLATTERS, FOR TWO OF YOU.. (serves 2)

Mezze Platter Vegetarian <i>(hummus/felefel/cheese sambusik/battata harra/pita bread/vegetables)</i>	GH95.00
Mezze Platter Meat <i>(hummus/kibbeh/chicken wings/meat sambusik/pita bread/vegetables)</i>	GH105.00
Indian Platter Veg <i>(paneer tikka/veg samosa/pakoda/masala potatoes/ roti/ chutney)</i>	GH95.00
Indian Platter Non Veg <i>(chicken tikka/ masala fish/lamb kebab/lamb samosa/roti/chutney)</i>	GH105.00
Healthy Hearty Platter <i>(roasted & fresh veggies,avocado slices, sautee mushrooms,potato wedges with hummus, labneh and pumpkin dip)</i>	GH95.00
Super Duper Vegan Platter <i>(roasted veggies,fresh veggies, cashewnuts, peanuts, crispy pita chips, pumpkin dip, avocado hummus, olives)</i>	GH105.00

**WRAP IT UP...in pita, roti or a tortilla
(served with fries or masala fries and a side salad)
(ask for sweet potato fries at GH5.00 extra)****GH55.00**

Santa Fe <i>chicken and avocado, with lettuce, spicy sour cream and salsa</i>	
Cyprus Special <i>grilled beef, with lettuce, peppers,onions, tomatoes and garlic mayo</i>	
Skyros Island <i>slow cooked lamb, lettuce, olives, onions, tomatoes, peppers & feta with aioli</i>	
Sombrero <i>beans, avocado, cheese, with lettuce, peppers, onions, tomatoes and sour cream</i>	
Tacorama <i>minced beef, guacamole, salsa, with lettuce onions, cheese & sour cream</i>	
Sunshine Super Star <i>chicken, bacon & avocado, with lettuce and mayonnaise</i>	
Aladin <i>felafels, with lettuce, onions, tomatoes, pickles and tahineh</i>	
Arabian Nights <i>lamb kafta with lettuce, onions, tomatoes and yogurt</i>	
Cave Man <i>grilled chicken and hummus, with lettuce, onions and tomatoes</i>	
Catch up <i>fish & chips, with lettuce, onions, tartar sauce and tomatoes</i>	
Benaresi <i>potatoes and aubergines, cooked in exotic spices, onions, tomatoes & coconut chutney</i>	
Linking Road Special <i>diced spicy chicken, masala omelet and diced onions with chutney</i>	
Taj Mahal <i>diced, spicy, tender lamb, masala omelet and diced onions with herb chutney</i>	
Kashmiri <i>tender and spicy chicken tikka pieces, a masala omelet, chopped onions, tomatoes, and herb chutney</i>	
Maharani <i>paneer cheese cooked with creamy yogurt and masalas, topped with onions and a delicious herb chutney</i>	
Mumbai Masti <i>tender slices of spicy steak, topped with grilled onions, curried cabbage & melting cheese</i>	
Maha Magic Mushrooms <i>grilled mushrooms, onions and peppers, with hot melting cheese</i>	
Kokrobite Burger <i>crispy fish topped with our house special local stew served with crunchy cassava chips and salad</i>	GH55.00
Makola Gari Fotor Salad <i>lettuce, cucumbers, beans, tomatoes, onions, crispy chicken topped with tasty gari fotor</i>	GH60.00
Akosombo Chicken Platter <i>crispy chicken pieces, served with steamed rice, avocado, salad, cassava chips and peanut stew</i>	GH65.00
Suya Luya Wrap <i>tender beef suya in a pita wrap with lettuce, onions, tomatoes and green shitor served with yam chips and salad</i>	GH55.00

A SUNSHINE SALUTE TO GHANA**SANDWICH SPECIALS
(served with chips and salad)
(ask for sweet potato fries at GH5.00 extra)****GH55.00**

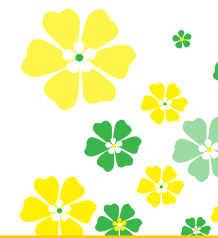
Cubano <i>pulled pork,ham slices, cheese,mustard and mayo in a crispy roll</i>	
King and Crown <i>lettuce, sliced turkey, bacon,avocado and cranberry mayo in a toasted roll</i>	
QEII <i>lettuce, capers, smoked salmon and cream cheese on brown bread</i>	
Club Class <i>chicken club sandwich with ham, tomatoes, onions and eggs on brown bread</i>	
Café de Paris <i>ham & cheese grilled sandwich in brown bread</i>	
Veg Delight <i>veg club sandwich with cheese and vegetables in brown bread</i>	
Venetian <i>grilled aubergine, mozzarella and pesto sandwich in baguette</i>	
Lean On Me <i>super lean turkey sandwich with vegetables and light mayo on brown bread</i>	
Stake Out <i>steak and cheese sandwich with caramelized onions in a sub roll.</i>	
Buffalo's Best <i>Cajun chicken topped with crispy bacon, hot sauce & creamy blue cheese in a sub roll.</i>	

**BURGER WONDERLAND
(served with accompaniments)
(ask for sweet potato fries at GH5.00 extra)****GH55.00**

The Italian <i>a crispy chicken burger topped with marinara sauce and melting mozzarella cheese</i>	
The Peruvian <i>a grilled steak burger, seasoned with cumin and paprika, with a dollop of cilantro and lime mayo</i>	
The Aussie <i>a grilled beef burger topped with grilled pineapple and slices of pickled beetroot</i>	
The Malay <i>slivers of chicken satay, marinated in exotic spices, grilled and served with a peanut sauce</i>	
The New Yorker <i>a grilled beef patty, with onions, cheese and pickle</i>	
The West African <i>a grilled chicken burger with kebab spices and a chili tomato dressing</i>	
The Greek <i>a grilled lamb and feta burger with a creamy tzatziki dressing</i>	
The English <i>a crispy fish and tartar sauce burger</i>	
The Moroccan <i>a spiced lamb burger, topped with grilled halloumi cheese and a harissa spiced yogurt dressing</i>	
The Mexican <i>a mixed bean burger topped with guacamole, served with spicy fries and salsa</i>	

LOW CARB PITA PIZZAS**GH45.00**

Pizza Magharita <i>tomato, cheese and oregano</i>	
Pizza Cleopatra <i>spinach and mushrooms</i>	
Pizza Michelangelo <i>bbq chicken, sweetcorn and caramelized onions</i>	
Pizza Isabella <i>ham, mushrooms and peppers</i>	

**CHICKEN SALADS****GH60.00**

BOLLYWOOD BEST Curry Chicken & Mango Salad <i>lettuce, cucumbers, tangy curry chicken, potato croutons, topped with a mango, onion and tomato salsa,with a herb chutney dressing</i>	
SHAOLIN Sweet & Sour Chicken Salad <i>lettuce, cucumbers,crispy chicken with sweet & sour sauce,topped with a pineapple and onion salsa, with a soy & sesame dressing</i>	
LUCKY STRIKE 3 Spice Chicken Salad <i>slices of chicken marinated in aromatic spices, on a bed of lettuce, cucumbers, and tomatoes, topped with crispy onions and garlic, coated in a mustard vinaigrette</i>	
GRAND CANYON Chicken, Bacon And Avocado Salad <i>chicken slices, crispy bacon, cooked to perfection, on a bed of lettuce, cucumbers and tomatoes, topped with avocado, garlic mushrooms and a drizzle of honey mustard</i>	
FIorentina Parmesan Crusted Chicken Salad <i>lettuce, cucumbers, tomatoes, topped with parmesan crusted chicken...all this goodness garnished with golden matchstick potatoes and dressed with basil vinaigrette</i>	
CRUNCHY NUTS Fruit And Nut Chicken Salad <i>a bed of greens topped with finger licking bbq chicken pieces, tomatoes, cucumbers, orange segments and cashew nuts, drizzled with honey mustard sauce.</i>	
HONG KONG PHOEey Schezuan Chicken Salad <i>lettuce, luscious chicken pieces and grilled peppers, topped with a refreshing cucumber and onion salsa, with a sweet & sour dressing</i>	
ATHENA Mediterranean Chicken Salad <i>lettuce, cucumbers, onions, tomatoes and peppers, topped with lemon chicken, chick peas, olives and feta cheese, pine nuts, with sesame and yogurt dressing.</i>	
A PROVENCE SUMMER - Fruity And Nutty Summer Chicken Salad <i>lettuce, cucumbers, roast chicken, bacon, apples, dried cranberries, walnuts and blue cheese with a lemon and mustard dressing</i>	

SEAFOOD SALADS

MALAY TIGER - Prawn Satay Salad <i>lettuce, cucumbers,cabbage,carrots,beansprouts,crispy noodles, satay prawns, peanuts with an exotic peanut dressing</i>	GH70.00
SICILIAN - Prawn & Squid Salad <i>fruits of the sea, prawns and squid, with a herb & parsley dressing on a bed of lettuce, with tomato wedges and crispy onion rings</i>	GH70.00
RIVIERA - Salade Nicoise <i>lettuce, cucumbers, tomatoes, French beans, tuna, eggs, olives, potatoes, with a mustard dressing, mustard makes everything taste better.</i>	GH60.00
WOK IN- Spicy Prawn Salad <i>lettuce, cucumbers, tomatoes, peppers, spicy grilled prawns and crunchy tempura courgettes with a sweet & spicy vinaigrette.</i>	GH70.00
PATTAYA - Thai Prawn Salad <i>lettuce, cabbage, cucumbers, crispy calamari, julienne of cucumbers and spring onions, crushed peanuts and red chilies with a soy and sesame dressing which tickles the taste buds.</i>	GH70.00
CALAMARRY ME - Prawn, Mango & Crispy Calamari Salad <i>lettuce, spicy prawns, crispy calamari, julienne of cucumbers and spring onions, perfectly balanced with diced mangoes and a soy & chili vinaigrette.</i>	GH70.00
TEMA THRILLS - Grilled Tuna Salad <i>lettuce, cucumbers, grilled tuna fillet, dressed with a refreshing onion and tomato salsa, all locally sourced and all so good for you.</i>	GH70.00
SEA SHELLS - Butterfly Prawn & Avocado Salad <i>lettuce, cucumbers, tomatoes, butterfly prawns, avocado slices with a light yogurt and chili dressing and crunchy onions.</i>	GH70.00

